

Weekly Classes.

*If you're not enrolled in a monthly membership/package, please register before attending.
Drop-ins are welcome if space allows.*

Monday

9:00 AM - ZUMBA DANCE
10:00 AM - MOMMY & ME YOGA (1-3 yrs)

PRIVATE LESSONS /CLASSES - BY APPOINTMENT ONLY

5:15 PM - CREATIVE MOVEMENT (2-4 yrs)
6:00 PM - HIP HOP/JAZZ (9-11 yrs)
7:15 PM - ADULT JAZZ
8:30 PM - HEELS & FLOORPLAY

Tuesday

9:00 AM - STEP DANCE FIT -**NEW!**

PRIVATE LESSONS /CLASSES - BY APPOINTMENT ONLY

5:00 PM - HIP HOP/ACRO (5-6 yrs)
6:00 PM - HIP HOP/ACRO (7-8 yrs)
8:30 PM - ADULT HIP HOP DANCE FIT

Wednesday

9:00 AM - ZUMBA STRONG (HIT)

PRIVATE LESSONS /CLASSES - BY APPOINTMENT ONLY

5:15 PM - CREATIVE MOVEMENT (2-4 yrs)
6:00 PM - HIP HOP/ACRO (9-11 yrs)
7:00 PM - HIP HOP/JAZZ (12-14 yrs)

Thursday

PRIVATE LESSONS /CLASSES - BY APPOINTMENT ONLY

5:00 PM - HIP HOP/JAZZ (5-6 yrs)
6:00 PM - HIP HOP/JAZZ (7-8 yrs)
7:30 PM - SOCIAL DANCE (Couples & Singles)
8:30 PM - ADULT LYRICAL/CONTEMPORARY

Friday

9:00 AM - POUND FIT
10:00 AM - ZUMBA DANCE

PRIVATE LESSONS /CLASSES - BY APPOINTMENT ONLY

Saturday

PRIVATE LESSONS /CLASSES - BY APPOINTMENT ONLY

Sunday

9:00 AM - HEELS, AIR, & FLAIR
10:00 AM - ZUMBA DANCE

PRIVATE LESSONS /CLASSES - BY APPOINTMENT ONLY

6:00 PM - SOCIAL LATIN DANCE (Couples & Singles)
7:00 PM - LADIES LATIN DANCE
8:00 PM - ADULT HIP HOP

Monthly Parties

- **SOCIAL DANCE PARTY/OUTING (Couples & Singles)**
 - Enjoy a fun studio dance party or outing to your favorite hits! Price varies.
- **ALL-LADY DANCE PARTY/OUTING (18 yrs+)**
 - Let loose and enjoy ladies night! Price varies.

Annual Showcases

Tentative Dance Recital date is Sunday, June 8, 2025. Details to be provided by December 1st.